Principal's Corner

March already, how can that be? This month we spent time as a staff working on strengthening our curriculum. We took an entire professional development day to examine our current curriculum and what needs to be done so that we can work together and build off the grade levels before and after us. We started the process of vertical alignment in which we look at what is taught from start to finish in a subject area. Next, we will look at how those units of instruction match the state standards. We will also look at our test scores to see areas that might need more attention and up the complexity of those units, or possibly change the timing of the units. We are going to start this process by looking at our English and Language Arts. Because we have such a small staff, it was recommended that we start there and maybe an elective class, so we chose to start with physical education/health. Our students and teachers are wrapping up the third quarter. They have been working hard to finish the quarter strong. That is evident as our ineligibility list is low. Our elementary students have been focusing on math and writing in their RTI time and our teachers are reporting that they are making great progress.

Winter Sports Wrap-Up

For the first time in two years, all the winter sports competed. We started the season with 5 lady pioneer basketball players and finished the year with 5 lady basketball players winning their last game of the season and potentially the last high school girls basketball game ever played on that court. Our boys' basketball season saw our team return to postseason play attending regionals as the 4th seed from the northwest conference. Both girls and boys also had their middle school basketball seasons with many highlights amongst them. In all, we had 15 high school students and 32 middle school students compete in basketball. We also had one wrestler who was part of the Worland wrestling team and one speech and debate team member who also competed for Worland this winter activity season.

~ Quick Links ~

FFA News
Music Notes
ArtMobile
Senior Trip
Counselor's Corner
Event Flyers
Library Events
Board Docs
March Events Calendar
March Google Calendar
March Lunch Menu
Health Fair

Coach Highlight

Coaches often receive the most attention in the critical moments of the game as an attempt to orchestrate months of practice into a team's best performance. The interesting thing about coaching is all that goes into coaching to try to keep your team competitive. Our coaches have opened the weight room weekly, opened the gym weekly and have also fund raised for equipment. We have had coaches give their salaries back to their team as a fundraiser and others give it back to the school. Most people don't realize all the other little things coaches do for our athletes. They make sure their athletes have all their equipment before they leave. They keep certified with care and prevention. Coaches submit information to the newspaper and organize their home meets/games. They provide resources for athletes that can't afford them, generally out of their own pocket. Coaches make sure their athletes are academically eligible to play and if not, they support them to get eligible. They prepare speeches and gifts for athletes for end of season awards. We have great people leading our young men and women. If you get a chance, thank them for all the little things they do.

FFA Chapter News

The CDE/ LDE Season is upon us. FFA teams are busy preparing for their upcoming contest and season. I am so proud to have students who want to succeed and hold themselves and their teammates to a higher standard. At any given 8th hour you will find 8 teams in Mrs. Forshee's classroom working on their speeches, presentations and evaluation. I am anticipating having over 25 students traveling and competing this spring.

Our Agricultural Sales team, who finished first last year at all the junior college

competitions, is excited to be putting together their sales pitch for a local candy company. Ag Sales this year will consist of senior members Bree Jackson and Cameron Carter. They are excited to have Eliza Whitlock and Karidee Gossens join them.

Our Agricultural Mechanics team is looking forward to State Convention and hearing their names called again. Kruze Forshee, KiYoshi Smith and Erik Harstad all have the ability to do so.

Ten Sleep FFA now has an "Elite Account" through livestockjudging.com so I am able to track how the students are doing and who is putting in the extra time. It is great seeing these students taking accountability on their team. My horse team is busy preparing for their competitions spending many hours practicing. Breckyn Dykstra continues to lead the team along with Allie Griffin, Karidee Gossens and Belle Starbuck.

Our Vet Science team, consisting of Brooklynn Norman, Kaitlyn Harstad, and Christopher Blutt are busy studying for this contest and learning the ins and outs, as we have not had a team for awhile. I know Brooklynn will lead as team captain as she has a goal of becoming a veterinarian.

Environmental and Natural Resources will be led by Matthew Blutt in his 4th and final year. He will be joined by Christopher Blutt, Nicholas Blutt and Macklan Ball. Each one of these young men will shine.

My poultry team just finished up a virtual contest with Kaitlyn Harstad leading the team. Brooklyn



and Payton Norman along with Will Carter will represent us at State.

Cachelynn Forshee and Shelby Lyman represent our middle school livestock evaluation team at the Black Hill stock show Feb 2 and 3rd. Out of 50 middle school students Shelby placed llth and Cachelynn placed lst winning the Black Hills Stock Show Middle School Division. She will be awarded a jacket and belt buckle for her placements. As a team of 2 the girls placed l0th, this should explain how well they did as they competed against teams of 4. The ladies look forward to Quinlan Greet and Gavin Casteel joining them at our next livestock competition.

Bree Jackson has been busy all month working on her Agricultural Speech for our District competition in March. She has been calling State Senators, local ranchers, federal meat inspectors, and interviewing the Director of the Wyoming Department of Agriculture all to learn, in great detail, about the meatpacking industry. There is no stopping this young lady. I invite you all to hear her speech. I know she will be amazing.

We will be celebrating National FFA week at the end of March with our staff appreciation breakfast and our annual "Drive your tractor to school, ride your horse day."

FFA is busy doing amazing things with the coolest kiddos around.

~ Mrs. Forshee

Music Notes



February seemed to disappear, but not without On another note, the Ten Sleep music room has some amazing musical events! Karidee Gossens, Layne Jordan, Liam Jordan, Trinity Wenzel, Emmi Beckwith, and Arrow Murphy performed at the annual Showalter Festival for middle school solo and small group where they received Superiors, along with blue ribbons, certificates, and a scholarship to attend the Yellowstone Summer Music Camp! They did a wonderful job practicing around the clock to prepare for this event and performed wonderfully, and did a great job representing Ten Sleep Schools! I look forward to attending this event next year with even more students.



February also brought Valentines Day which gave the 8th grade students the opportunity to perform for the Senior Center here in Ten Sleep. With a couple songs played on boomwackers, those who attended were in awe of the students' abilities to perform such difficult pieces on such interesting instruments.

been exploding with excitement Elementary Concert on Monday, March Il at 6:00pm in the cafeteria! All students, grades k-4, will be performing a variety of songs with the theme of Creepy Creatures ranging from creepy bugs, to sea creatures, to some creepy lizards! Be sure to attend to see what each grade considers to be "creepy"!

Along with that exciting concert, a group of middle school students will be taking a trip to Wynona Thompson Auditorium in Cody on March 19th to perform with other students from around the basin for the North Bighorn Basin Middle School Honor Band. The students were nominated to attend and will be playing some challenging music that will commence in a great concert showcasing the wonderful abilities of all the students in the basin (be on the lookout for more details)!

The middle schoolers (5/6 and 8) will also be performing at the Senior Center again around Easter time, so be on the lookout for that information!

Finally, the high schoolers have been hard at work preparing for their solo and small group ensemble contest which will be in April in Powell as well as preparing for their concert, Movies in Ten Sleep, which is scheduled for early May! We look forward to seeing you at all our exciting musical events!

Musically, Mrs. Kienzle





Artmobile Fun

We're excited to share the enriching experiences our Art students had during the recent visit of the Artmobile from the University of Wyoming Art Museum. The Artmobile traveling exhibit brought artworks from the museum's collection directly to our school. This distinctive opportunity inspired creativity in every art class. Elementary students not only immersed themselves in the exhibit during regular class times, but also enjoyed extra sessions crafting textured insect stories in land art, mapping special places, and illustrating trails of their past, present, and future.

In Middle School Art, the 7th grade students bravely embraced the snowy outdoors for plein air sketching and explored what Ten Sleep means to them through the five senses, drawing inspiration from the exhibit. High School Art classes delved into various printmaking techniques and ceramic expressions by drawing connections to the exhibit theme of connection to the land.

The culmination of the Artmobile event was a Community Open House where our students proudly showcased their finished artworks alongside museum art, attended by students, parents, and community members. We hope you will join us for the Community Open House during the next Artmobile event at Ten Sleep Schools.

Special thanks to Sarita Keller, the Artmobile educator, and to the weights and strength and conditioning classes for their generous assistance with the heavy lifting of preparing the Art Room for the Artmobile exhibit setup.



This wasn't merely an art experience; it was a genuine art museum field trip brought directly to our school and community. The positive impact extends beyond the classroom. It fostered professional development, art media exposure, and cemented a lasting connection with the Artmobile program which may open other doors to our program in the future.

We deeply appreciate your ongoing support for the Art Club which funded the housing for the Artmobile's visit. We eagerly anticipate more unique opportunities that will further enrich the Ten Sleep Schools Art program, such as traveling with high school students to the Wyoming State Art Symposium and the UW Art Intensive. Together, we're cultivating a vibrant and creative learning environment for our students.

~ Mrs. Mills







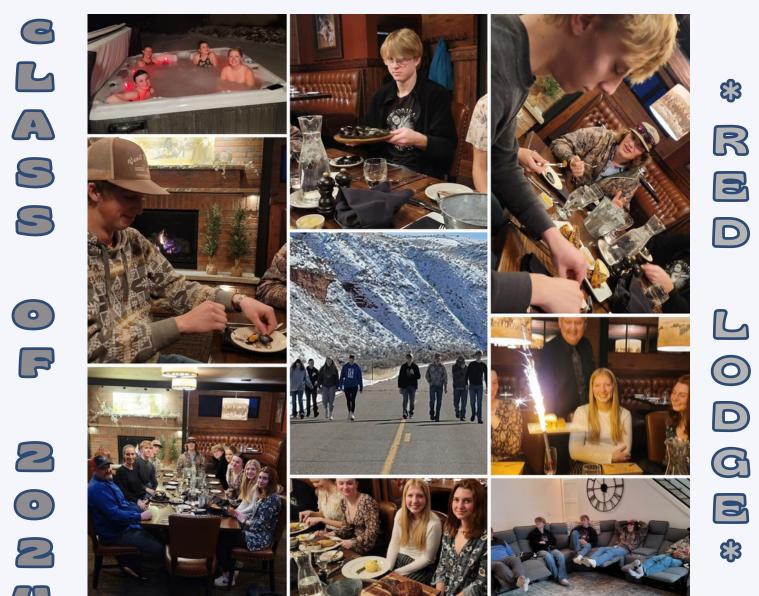
Senior Trip Recap

The Senior Class trip was a great experience and success. After much thought and debate the Seniors ended up spending a few days in Red Lodge, Montana enjoying the beautiful mountain air and western town. Mrs. Forshee worked with all seniors on the planning of the trip. The students chose a beautiful ski type lodge home to rent that we all enjoyed. It was big enough for everyone to find space, but close enough to bring us together for board games, laughter and meals. The students enjoyed the hot tub and large screen tv that we all gathered around at night to watch movies and share popcorn.

One goal that the seniors had on their bucket list was a nice sit down meal, and WOW did we accomplish that. We enjoyed a night at the Carbon County Steakhouse. The students were treated to hors d'oeuvres by Mr. Griffin which included mussels. We laughed as all the students tried them and there was great debate on the flavor. Everyone was a good sport.

The next morning we left early with our coolers full of food provided by our Senior Parents, to hit the slopes at Red Lodge. It was fun to see all of our Seniors choose to participate in our ski day. We were the first to hit the slopes and the last off of them.

It was a great few days seeing this group of students come together with truly all they do have in common. And leave with a greater sense of who they are.



Counselor's Corner

The spring time holds many mixed emotions for students and staff. For some, it's anticipation of next steps, for others, it's an overwhelming joy for green grass and sunshine, and for others it might be sadness at the ending of a chapter and uncertain expectations for the future... Wherever you find yourself, always know that there are caring people in the world and people that know your value and truth.

It's easy to get caught up in emotion and drama and forget the real reason why schools exist and why staff show up day-in and day-out, feeling defeated and beaten down, but we show up to smiles and hugs and "happy campers" who want to be at school and want to learn and grow. We listen to "losing my first tooth" stories, and "guess what I did this weekend" stories, and "I want to be president someday" stories.

Teachers have a different heart than most. In the darkest of times, teachers have the ability to juggle several emotions, teach their curriculum, manage behavior, manage their own "stuff", limit countless distractions, all while remaining professional and with a smile on. In a society that is so quick to judge and cut one another down, we lose focus on the fact that educators are professionals. As a professional, it would be unacceptable to fire back with profanity or personal digs. We are tethered to our oath as a professional and don't have the "luxury" of stating "how we really feel". Educators are human, with human emotion. We make mistakes, we have to make tough calls dictated by policy, we have to remain unbiased when faced with a situation that would easily be swayed by any less of a professional. There is a level, or should be a level, of integrity within this profession. I personally feel confident that our school and the professionals here are upholding that level of integrity and professionalism; otherwise I would find myself moving down the road to greener pastures...

Education is recently taking a huge hit. There are declining numbers of those who wish to enter the profession. If the standards are decreased in an effort to "encourage" folks into the field of education, we will inadvertently detract from the level of professionalism. We do not want that for our youth.

Everything, and I literally mean everything, takes any amount of teaching to get to success: sports, becoming a doctor, farming, cooking, bagging groceries, being a mom, etc. We often forget that the field of education should be valued and it's easy to lose respect during intense moments when our emotions take over. Teachers don't go into the profession to "attack kids", teachers don't go into the profession because "they aren't cutting it in another field". We go in to the profession for lots of reasons - one being to provide positive unconditional love to children and provide for their educational needs... We go into the profession to "make a difference" and "be the hope" for the future of our country... We go into the profession because we truly believe there is good in human kind. We go into the profession to build strong communities and strong individuals who can build their own strong families.

We are currently in an era where the covid aftermath is coming to fruition. Schools and communities across the nation are experiencing a rise in mental health challenges and a rise in suicide ideation (just to name a few). As a small community, I challenge you to step up your game. In our homes, what messages are we sending? In our homes, what can we do to help our students be as successful as possible? There is a lot of research out there, but some of the protective factors point to "what can be learned" in the home.

"Research has shown that the ability to handle profound adversity, while it can be an inherited trait, can also depend on behaviors and attitudes can be learned during one's life." (bbrfoundation.org, Adriana Feder, M.D., and Dennis Charney, M.D.) Provided this research is true, then behaviors and attitudes can be learned which implies someone, somewhere is DOING THE TEACHING. If we are not teaching these things in our homes, children will learn, but perhaps not in the manner one would hope.

How to handle the stressors of life and how to manage challenges can all be learned. If students are looking to the adults in their communities, what are we doing to help make this a positive learning opportunity to gain some new tools? Life doesn't always go our way, that's a fact. How are we using our tools to positively overcome when faced with

Counselor's Corner Continued

adversity? Making a minor mistake as a 10 year old can turn into a valuable lesson; because learning a lesson the hard way as an 18 year old might have a higher price tag. We all want to protect and pave a way that is pain free, but sometimes our protection becomes a negative (enabling).

Here are some other ideas from Child Development expert Karen Disney:

*Wait to Help: Many a well-meaning parent has crossed the line from helping to hindering without realizing that their good intentions would

have negative consequences. Before you help, solve the problem, jump in, or fix it, let your child have a chance to figure it out. Nothing says, "I don't trust you to do this," quite like, "Here, let me do it."

*Think Ahead and Prepare: Spend time with your child building a foundation. We can't expect to spring a new concept on children with an expectation of perfection. Take the time to teach and model before introducing new expectations.

*Limit the number of steps: One step at a time, one day at a time. Different ages have varying levels of independent capabilities. Break tasks into chunks (teachers in school do this all the time)

*Give lessons: Don't assume your child knows how because they've watched you a thousand times; this builds frustration for you both. Break a new task into steps and teach them how to do it. Be clear, concise, and build upon prior experience.

*Avoid "yes" or "no" questions.

*Instead- Offer Choices: Offer two choices that you are both equally willing to live with. "Do you want to set the table or stir the noodles".... Offering choices empowers your child, gives them confidence and a sense of control, and helps them to feel included and not "bossed".

*Let Your Child Problem-Solve: jumping in quickly to solve the problem and take away their "pain" only makes matters worse. The lesson can easily be lost when this happens. Ask questions like, "How do you think you can make this work better?" Or, "What do you think is a fair solution?" When a child can take ownership of a task, it helps create a higher level of self-esteem.

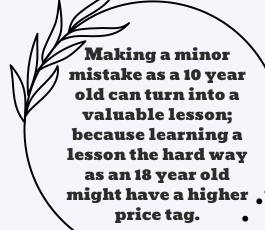
*Be Flexible: Sometimes a child wants to help sweep the floor today, but may not show interest tomorrow. Continue to offer opportunities to help and keep your expectations low and don't pressure, while sending the message that "everyone can help in this family in their own way."

*Be Patient: Sometimes parenting is two steps forward and one step back. Be patient with your child and with yourself. You are both learning.

*Acknowledge Small Successes: You're raising small human beings who will go out into the world one day and think and act for themselves. You're teaching your child to make choices, take responsibility, and solve problems.

**Conversations I have with students involve a lot of "what can you control." Self-Esteem is another big topic I see students struggle with. I also see a lack of ownership: dishonesty following with a sense of entitlement and not "owning" our mistake and not "owning" any part in the choice that leads to a consequence.

Also, I see a lot of students unable to handle even the simplest of "stressors". Being able to manage a directive from a teacher and follow through seems to really derail students. I see students who are unsure about the world around them, they feel lost, they feel defeated and unheard. Providing them with a safe place and a dose of listening and understanding does go a long way. Our teachers at school are doing just that. We ARE listening and listening to understand, not listening to respond. Ten Sleep is an amazing place; unique, beautiful, and full of helpful, solid individuals. I want to make the good great! I hope you do the same!



Mark your calendars for our upcoming

Annual Book Fair

to take place March 21st in the school cafeteria.



March CSO meeting March 4 @ 7:00 pm at the Sleepy Coyote anyone is welcome to attend.

National Poison Prevention Week is March 17-23, 2024. Each year millions of people come in contact

with poisonous substances. Small children are especially at risk and many common household items can be poisonous. Medicines, cleaning products, liquid nicotine, antifreeze, windshield wiper fluid, pesticides, furniture polish, gasoline, kerosene and lamp oil are all dangerous potential poisons. These items should be properly labeled, stored and kept out of reach of children. Poison Centers are available at no

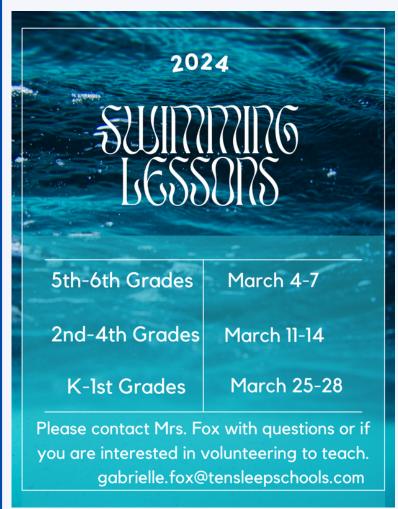
cost, 24 hours a day, 7 days a week, to answer any questions about possible poisoning. With access to

information on more than 300,000 poisonous substances, poison centers can quickly give expert

advice what specific on treatment is needed. Not all immediate poisonings cause symptoms, but treatment is essential to prevent problems and save lives. Do not delay treatment. keep the Poison Center number in your cell phone contacts and call anytime a poisoning is suspected. All calls are free and confidential. Wyoming is serviced by the

Nebraska Regional Poison Center and can be reached by calling 1-800-222-1222.







Library Events

TEN SLEEP LIBRARY MARCH STORYTIME

THURSDAYS & FRIDAYS AT 10:00

MARCH 1----DR. SEUSS
MARCH 7 & 8---SHEEP
MARCH 14 & 15--NIGHT ANIMALS
MARCH 21 & 22---KITES
MARCH 28---EGGS





March 14: Ukrainian Egg Decorating SIGN UP REQUIRED!

FREE! materials provided sponsored by Friends of the Ten sleep Library

MARCH AFTER THE BELL

Monday	Tuesday	Wednesday	Thursday	Friday
04	05	06	07	08
Spy Day	Bees	No ATB	Monster Bags	No ATB
11	12	13	14	15
Frogs	Leprechauns	No ATB	Lego Wedo	No ATB
18	19	20	21	22
Tin Can Bunnies	Beads	No ATB	Early Release Spin Drum	No ATB
25	26	27	28	29
Gnomes	Games	No ATB	Sleeping Self Portraits	No ATB

Board Briefs

BOARD OF TRUSTEES MEETING AGENDA (Monday, January 8, 2024)

1. MEETING OPENING

A. Pledge of Allegiance

B. Roll Call: Erin Blutt, Shana Harstad, Bill Murphy, Marc Dykstra, Annie Griffin, Robert Griffin, Rachel Casteel and Neysha Lyman. Jared Lyman was absent.

C. Adopt Agenda

Bill Murphy moved to adopt or amend the agenda. Seconded by Marc Dykstra. Motion carried 4-0.

2. REPORTS AND RECOGNITIONS

- A. The Pioneer Way: Mr. Griffin recognized our students and their Pioneer Traits.
- B. New School Update: Mrs. Griffin updated the board.
- C. Superintendent Report-Mrs. Griffin updated the board.

3. GUESTS AND PATRON COMMENTS

A. Visitor Input at Board Meetings

4. CONSENT AGENDA

- A. Business Manager Report-Mrs. Casteel
- B. Principal's Report Mr. Griffin
- C. Approve Minutes of December 11, 2023 Meeting
- D. Authorization and Payment of Outstanding Bills
- E. Approve Prepaid Bills
- F. Approve Recreation Districts Request for Ski Bus: 2 buses and 2 drivers for February 19, 2024.
- G. Approve Aaron Keyes for Maintenance/Transportation Supervisor

Marc Dykstra moved to approve the consent agenda. Seconded by Shana Harstad. Bill Murphy abstained from warrant #3233 and #26224. Motion carried 4-0.

5. DISCUSSION/ACTION ITEMS

A. First Reading Policies 5.24 Make Up Work Due to Absence or School Activities, 5.25 Permission to Leave School, 5.25.1 Student Rights Eighteen Year Olds, 5.26 Student Conduct, 5.27 Discipline of Students, 5.28 Weapons in School, 5.29 Student Dress, 5.30 Driving Motor Vehicles, 5.31 Lockers, 5.32 Lost and Found, 5.33 Bulletin Boards, 5.34 School Event Calendar, 5.35 Student Insurance. Marc Dykstra moved to approve first reading. Seconded by Shana Harstad. Motion carried 4-0.

B. Second Reading Policies 3.50 Certified Staff Teacher Performance Evaluation, 5.16 Visitors, 5.17.1 Search of Property, 5.19 Sponsorship Supervision: Marc Dykstra moved to approve on second reading. Seconded by Shana Harstad. Motion carried 4-0.

C. Approve School Calendar 2024-2025: Bill Murphy moved to approve the school calendar for the 2024-2025 school year as presented with the change of vacation day from October 14th to October 18th, 2024. Seconded by Marc Dykstra. Motion carried 4-0.

6. EXECUTIVE SESSION

Shana Harstad moved to go into executive session at 7:24 pm for Superintendent Contract. Seconded by Marc Dykstra. Motion carried 4-0. Board reconvened at 7:35 pm. Shana Harstad moved to approve the minutes as read in executive session. Seconded by Bill Murphy. Motion carried 4-0.

A. Superintendent Contract: Bill Murphy moved to approve the Superintendent contract as presented. Seconded by Shana Harstad. Motion carried 4-0.

7. NEXT MONTH BOARD AGENDA ITEMS

- 8. ADJOURNMENT
- A. Adjourn the Meeting: Meeting adjourned at 7:37 pm.



March 2024			Su Mo To	March 2024 u We Tb Fr Sa Su 5 6 7 8 9 7 2 13 14 15 16 14 9 20 21 22 23 21 6 27 28 29 30 28	April 2024 Mo Tu We Tb Fr Sa 1 2 3 4 5 6 8 9 10 11 12 13 15 16 17 18 19 20 22 23 24 25 26 27
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Feb 26 11:30am MS STUCO	27 11:30am HS STUCO 3:30pm 4-H meeting in Cafeteria	28	29	Mar 1 Blue Friday, Afternoon Classes Speech & Debate Wind River District 11:30am MS STUCO	Prom Closet 10am - 4pm
4 CSO Meeting @ Sleepy Coyote 6:00 FFA Sheridan Border Wars	Grades 5-6 Swi FFA District Contest Thermopolis Task Force Meeting 6:30pm	6 mming Lessons	7 Speech & L	8 Red Friday, Morning Classes Red State	9 Prom Closet 10am - 4pm
HS Track Practice Begins K-4th Grade Concert 6:00 FFA Regional Contest Thermopolis School Board Meeting 7:00	Grades 2-4 Swi	13 mming Lessons	Adult Craft Night @ Library 5:00 Burlington Job Fair Health Fair - Staff	15 Blue Friday, Afternoon Classes CWC Horse Judging	16
TFA State Vet C CSO Meeting @ Sleepy Coyote 7:00 MS Track Practice Begins	Ontest Torrington Middle School Honor Band (@ Wynona Thompson Auditorium)	20 Quality Assurance - FFA & 4H	21 FFA NW HS Track Meet in Cody CSO Book Fair Early Release Day - Red Friday Schedule Parent Teacher Conferences	22 C Contest Ist-5th Grade Basketball Camp Staff Workday, No School	23 FFA Casper College Judging
FFA Week - Ride your horse/Drive your tractor	Grades K-1 Sw ACT FFA Week - Staff Breakfast	27 imming Lessons FFA Week - Blue and Gold Day	MS Perform at Senior Center 11:45	29 Easter Break, No School	30

March 2024

Ten Sleep School Lunch Menu

							Pizza Rippers Lettuce Salad Cottage Cheese Pineapple Tidbits Milk	01
Chicken Noodles Peas Hot Rolls Fruit Milk	04	Beef Taco Spanish Rice Refried beans Fruit Milk	05	Hot dog or Chili Dog Peas Grapes Milk	06	Country Fried Steak Mashed Potatoes Green Beans Fruit Milk	Sweet and Sour Chicken Chicken Fried Rice Peas Pineapple Tidbits Milk	08
Tater Tot Casserole Peas Peaches Milk	11	Lasagna Lettuce Salad Garlic Bread Stick Fresh Pear Milk	12	Crispy Chicken Sandwich French Fries Vegetables Fruit Milk	13	French Toast Sticks Egg Sausage Hash Brown Oranges Milk	Taco Soup Or Chicken Chili Corn Bread Fruit Milk	15
Choice of Cheese Pizza Or Pepperoni Pizza Lettuce Salad Cottage Cheese Fruit Milk	18	Baked Potato Bar Corn Bread Peaches Milk	19	Hamburger Deluxe French Fries Fruit Milk	20	Chicken Nuggets Vegetables Fruit Milk	Teacher In Service	22
Meatball Sub or Pizza Sub Vegetables Fruit Milk	25	Chicken Fajita Bowl Lettuce Salad Corn Fruit Milk	26	Breakfast Burrito Hash Brown Oranges Milk	27	Corn Dog Macaroni and Cheese Peas Fruit Milk	8 Easter Break	29

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov

This institution is an equal opportunity provider.

Washakie County School District #2 does not discriminate on the basis of race, color, national origin, sex, age, or disability in admission to its programs, services, or activities, in access to them, in treatment of individuals, or in any aspect of their operations. Washakie County School District #2 Career and Technical Education department does not discriminate in enrollment or access to any of the programs available: Welding, Agricultural Projects, Woods & Construction Projects, Ag Journalism. The lack of English language skills shall not be a barrier to admission or participation in the activities and programs. The Washakie County School District #2 also does not discriminate in its hiring or employment practices.

This notice is provided as required by Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, Title IX of the Education Amendments of 1972, the Age Discrimination Act of 1975, and the Americans with Disabilities Act of 1990. Questions, complaints, or requests for additional information regarding these laws may be forwarded to the designated compliance coordinator(s). 504 Coordinator: Chawna Wiechmann, Counselor, 242 Cedar St., Ten Sleep, WY, 82442, 307-366-2233. Title IX Coordinator: Annie Griffin, 242 Cedar St., Ten Sleep, WY, 82442, 307-366-2233 x 500.

Ten Sleep School

PO Box 105 Ten Sleep, WY 82442 Phone: 307-366-2223 Fax: 307-366-2304 www.wsh2.k12.wy.us





Ten Sleep Senior Center Fitness Room

> March 15th 6am - 9am

Click here to schedule your appointment

