



Jimmy Phelps
Superintendent

WASHAKIE COUNTY SCHOOL DISTRICT #2 March 2019

Levi Collins
Principal

Principal's Corner

We are coming upon the end of the 3rd quarter of school and before we know it, we will be into our final quarter of the school year. I am quite proud of all the accomplishments of our students this school year and we want to ensure that our students finish the school year strong. With important assessments coming up soon, we want to remind everyone to continue working hard and continue to represent our community and school in a positive manner.

In our policy highlight this month, we would like to highlight **Policy 5.19 Sponsorship/Supervision** which states the following:

No student or students shall be allowed in any part of the school building after 3:30 p.m. or any day that school is not in session, without teacher sponsorship or administration approved supervision. With any school sponsored activity after school hours, the teacher should be the last one to leave the building.

The reason we would like to highlight this policy is because we have had some students forget they need to be accompanied by a teacher/coach or receive approval to be in the building after 3:30 pm. We do not believe there is any bad intention, but students need proper supervision when in the school building. If no supervision or approval is given to a student (e.g. tutoring, athletics, etc.), we kindly request students to exit the building by 3:30 p.m. in order to respect the staff that need to work after hours (without supervision duties) or leave at a reasonable time to be with their families. Thanks for your help and understanding in this matter.

Our High School basketball teams have finished their seasons. The Boys' basketball team made a valiant effort at the end but came up short in their pigtail game sadly. Thanks for representing us with dignity and hard work Pioneers. The Girls' basketball team made it to regionals but did not qualify for the State Tournament. They were a lot of fun to watch this season. Our Middle School Boys' Basketball team won the consolation game at their tournament at Rocky Mountain. We were happy we had the chance to see all of our Pioneers grow and play on the basketball court. All of our Pioneers were fun to watch this basketball season and they loved having your support at the games. Go Pioneers and keep practicing to be ready for next year!

We ask that you encourage your students in their school work and get involved in their homework and any other school sponsored activity. Studies have shown that increased parental involvement results in increased student achievement. We know that most parents are already quite involved in the student's school life and any additional time shows in your student's growth.

Thanks for your support in making our school and community a great place to be. With Pioneer Pride,
Levi Collins



C.S.O. Book Fair is Thursday, March 21st from 7:00AM to 6:00PM at the school cafeteria. Please mark your calendar and plan to attend. We receive books for all ages and interests

Proceeds will go to the senior class.



Inside this Issue

Parent Note	2
Board Briefs	3
Library Corner	4
Bingo for Books	4
Counselor's Corner	4
Health Fair	5

Parent Note

Responsibility is linked to your child's success.

Educators agree that responsible children do better in school. Luckily, parents have endless opportunities to foster responsibility.

To boost your child's responsibility:

- Enforce a few age-appropriate rules and consequences. State them clearly so your child knows exactly how you expect her to behave—and what will happen if she doesn't.
- Trust her with meaningful tasks. School-age children are capable of handling responsibilities such as picking up their rooms, setting the table and helping with the laundry.
- Talk about financial responsibility. Many kids receive an allowance. This provides a great opportunity to teach about budgeting, spending, saving and giving.
- Let your child make decisions, such as which homework assignment to tackle first. Having the responsibility of making decisions builds confidence.
- Find ways to help others. Discuss what it means to be a responsible member of a community. Talk about different ways your family can contribute, such as by donating gently-used clothing to a charity or volunteering your time for an important cause.
- Adjust rules and responsibilities. As your child matures, her abilities will change. Perhaps she can take on more grown-up chores. Or perhaps she can make new and exciting decisions. Talk about how great it feels to be responsible!

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Too much stress can decrease your child's learning potential

Students often have a lot on their plates—and on their minds. They can easily become overwhelmed, stressed and anxious. When their anxiety goes up, their grades can go down.

If your child seems stressed, help her find ways to relax. She could:

- Enjoy time with a friend. Suggest they do something that makes them laugh, such as watching a favorite funny movie.
- Participate in a hobby (other than playing games online). Focusing on an enjoyable activity reduces stress.
- Stretch. Doing yoga is linked to lower stress levels. Tell your child to try a few minutes of slow, gentle stretches.
- Breathe deeply. A short session of slow deep breathing can calm your child when she is feeling overwhelmed. Practicing it for a brief time each day can lower her overall stress levels.
- Take a power nap. Sleep is vital for stress reduction. A short 15- to 30-minute nap in the afternoon can give your child the boost she needs.
- Write in a journal. Writing can help your child clarify her thoughts and feelings. It can also be a great tool for solving problems.
- Listen to her favorite music. Music can improve your child's mood and help her release negative emotions.

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Parents play a critical role in helping teens build resilience

Learning is not always easy. It requires persistence and hard work. And if things are challenging, it may also require a little resilience.

Resilient students are able to handle tough circumstances. They can look setbacks in the eye and overcome them. To help your teen become more resilient:

- Let her know it's OK to ask for help and support in difficult times. Knowing she has someone to turn to can ease stress and anxiety.
- Talk about her strengths. Remind your teen of hardships she has overcome. Thinking about past successes can give her strength to meet new challenges.
- Be caring and supportive. Your belief in her will give your teen the confidence to keep trying—even when she feels like giving up.
- Encourage her to connect with other students. Help your teen find a school club or activity that interests her. Feeling connected to others provides social support and strengthens resilience.

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Board Briefs

Washakie County School District #2 School Board Minutes

January 14, 2019

The regular meeting of the Washakie County SD #2 Board of Trustees was called to order at 7:00 p.m. by Chairperson Jared Lyman. Present were board members Jared Lyman, Chuck Powell, Terril Mills, Mona Sindelar and Megan Truman. Also present were Superintendent Jimmy Phelps, Principal Levi Collins, Business Manager Connie Gay, and Administrative Assistant Neysha Lyman. Guest present was school attorney Scott Kolpitke.

Pledge of Allegiance was led by Chairperson Jared Lyman.

Adopt Agenda: Chuck Powell made a motion to approve the amended agenda with the addition under Business, Discussion items of Letter A - Approve Design team's recommendation concerning the building of a new vocational building, all other items will move down. Seconded by Mona Sindelar. Motion carried 5-0.

Guests and Patron Comments:

Reports and Recognition:

Business (Consent Agenda Items): Principal Report: Included in the packet. Superintendent Report: Included in the packet. Terril Mills made a motion to approve the consent agenda. Seconded by Megan Truman. Motion carried 5-0. Minutes of the Regular Meeting on December 10, 2018 were approved. Board members received copies of the statements and bills for review. Authorization to pay the following vouchers: General Fund warrants #21771-21814 in the amount of \$224,457.56; Federal Fund warrants #3888-3889 in the amount of \$9,257.88; Major Maintenance Fund warrant #1252 in the amount of \$19,000.00; Depreciation Fund warrant #1001 in the amount of \$25,935.25; Hot Lunch Fund warrants #1500-1504 in the amount of \$9,621.36; Activity Fund warrants #2770-2774 in the amount of \$869.02. Approve Prepaid Bills: General Fund warrants 21758-21770 in the amount of \$3,540.39; Hot Lunch fund warrant # 21648 in the amount of \$10,000.00. Approved CD Renewal. Approved Students Work Release Request.

Business (Discussion/Action Agenda Items): Approve Design Team's Recommendation Concerning the Building of a New Vocational Building: Mona Sindelar moved to approve for our architect, Karen Kelly, to move forward with the design, bidding, and construction of a new vocational building with a floor plan similar to the one recommended by the design team. The completion date is to be June 30th, 2020. Seconded by Chuck Powell. Motion carried 5-0. Terril Mills moved to approve to hire Karen Kelly, from Arete Design Group, to design, bid, and have installed a new dust collection system, and a new smoke filtration system for our current work working and welding shops. Seconded by Chuck Powell. Motion carried 5-0.

Second Reading Policy 3.60 and 4.29 Reporting Child Abuse: Chuck Powell moved to approve the second reading of Policy 3.60 and 4.29 as presented on second reading. Seconded by Megan Truman. Motion carried 5-0.

Out of State Field Trip Request High School Weights Class: Chuck Powell moved to approve the Weights class field trip to Big Fork, MT on May 3rd and 4th, 2019 as requested by Ms. Desiree Egger. Seconded by Terril Mills. Motion carried 5-0.

TCT West Lawsuit: Chuck Powell moved that the district opt-out of the current class action lawsuit dealing with TCT WEST Buyout. Seconded by Megan Truman. Motion carried 4-1.

Concealed Carry By Employees Rule: The board took public comment and attorney Scott Kolpitke answered questions.

Executive Session: Chuck Powell moved to go into Executive Session at 8:27 p.m. for considering or Receiving any information classified by law by the school attorney. Seconded by Terril Mills. Motion carried 5-0. The board reconvened at 8:43 p.m. Chuck Powell moved to approve the Executive Session Minutes as read in Executive Session. Seconded by Megan Truman. Motion carried 5-0.

Concealed Carry By Employees Rule: Chuck Powell moved to approve the Concealed Carry by Employees Rule as presented. Seconded by Terril Mills. Motion carried 4-1.

Meeting Was Adjourned Meeting adjourned at 8:56 p.m. by Chairperson Jared Lyman.

February Board Agenda Items: Set Date for Budget Work Session if Needed. Budget Review, Superintendent Contract, Superintendent Evaluation, and School Calendar.

The Pioneer Way, Learning to Live Our Dreams

Bingo for Books

Bingo for Books will be held on Thursday, April 4, 2019 in the Ten Sleep School Cafeteria. Dinner will be provided by Subway Sandwiches at 6:00 pm. Please come and eat followed by bingo with your family. Winners will receive a chance to get two free books per student. Sponsored by Title One.



School Lunches

Student meals are \$2.00 for K-6, \$2.50 for 7-12 and an extra milk is \$.25.

March costs for K-6 will be \$38.00, 7-12 will be \$47.50. By state law, the school cannot extend credit.

Breakfast tickets are available in the lunchroom for students wishing to purchase breakfast items.

Nice Job Middle School and High School Pioneer Basketball teams and our Swimmers!

Library Corner

Celebrate the 115th birthday of Dr. Suess on March 2nd. His stories remain a classic to this day and have brought the joy of reading to everyone. Whether you learned to read and count with the book "One Fish, Two Fish, Red Fish, Blue Fish", or read "The Cat in the Hat" or enjoy the adaptations from book to movie of "The Grinch that Stole Christmas", these stories are classics and have spread the joy of reading and storytelling to millions. Dr. Suess was born Theodor "Ted" Seuss Geisel in Springfield Massachusetts. Ted received a special Pulitzer Prize in 1984 for his effect on reading. The Ten Sleep Library has a huge selection of his books available to share with your family. Read your favorite story to a child, and then let them read to you. Share the magic of Dr. Suess today.

Join our regular preschool story and craft time every Thursday at 10 a.m. Newcomers are always welcome, just drop in!

Does your student need a place to go after school? Join the After the Bell program with Rhonda and Carol for games and crafts. In March there will be Dr. Suess games and crafts, wind-chime making, bubble painting, making birdfeeders for the community tree, a visit from Amber Armajo, flower pot painting and more! Of course assistance with homework is always available. Remember if there is no school, there is no program.

We have an incredible display of trophy rodeo belt buckles from many local rodeo participants. You will not only be surprised who the winners were, you will also view the beautiful art work used to create these buckles. If you have a belt buckle to share please bring it to the library today. This display will remain in the glass case until the end of March.

Counselor's Corner

Classroom Guidance Character Education topics:

Grades KG/1: Our discussion and work has been on "it's OK to make a mistake" and honesty.

Grades 2/3: Our work has been on friendship behaviors, the feelings of lonely and invisible- we are studying "The Invisible Boy" book.

Grades 4/5: Fairness- what it means to be fair, the differences between fair and equal, and learning one another's logic when it comes to the topic of fairness.

Grade 6: Mental Health Education- We have explored the differences in a few mental health challenges, we have covered what stigma does to mental health, and how we can understand rather than judge.

The Pioneer Club had its initial meeting on February 27. The club is designed to empower students, build one another up, and provide a platform for sharing ideas and having healthy discussions. Grades 5-8 are welcome to join. The club meets weekly.

The Ten Sleep School crisis team has worked to provide some information to students in grades 7-12 concerning human trafficking and situational awareness. The females attended a presentation on February 20th and the males on February 27th. The Washakie County Sheriff's office is also providing support.



Ten Sleep School

PO Box 105

Ten Sleep, WY 82442

Phone: 307-366-2223

Fax: 307-366-2304

www.wsh2.k12.wy.us:



Ten Sleep School
Supporting Success

Wyoming Health Fairs coming to Ten Sleep

It's March!

Start your month off right by marching over for a wellness screening offered by Wyoming Health Fairs (WHF). Wellness screenings will take place in Ten Sleep at the Senior Center Friday, March 8th from 7:00 to 9:00 a.m. WHF will also be in Worland Saturday, March 2nd, 9th and 16th at the Worland Community Complex from 7:00 to 9:00 a.m. School employees and spouses on the WSBAIT insurance plan are encouraged to attend the health fair screening at Ten Sleep School Thursday, March 7th from 7:00 to 10:00 a.m. The community is also welcome.

If you have never been to a wellness screening, please consider this event as a great opportunity to learn your "numbers" and begin your wellness journey. Those who have participated know that a health screening is a very useful tool in monitoring, and maintaining a healthy lifestyle.

WHF offers a variety of screenings including Blood Pressure, Body Fat Percent, take home ColoCareKit, as well as several different blood draw screenings. A 12 hour fast is recommended prior to blood draw unless you are Diabetic. Please drink plenty of water and take medications as usual.

For more information visit the WHF website at www.wyominghealthfairs.com.

INFORMATION FOR SCHOOL-AGE YOUTH



IF YOU LIVE IN ANY OF THE FOLLOWING SITUATIONS:

In a shelter

In a motel or campground due to the lack of an alternative adequate accommodation

In a car, park, abandoned building, or bus or train station

Doubled up with other people due to loss of housing or economic hardship

You may qualify for certain rights and protections under the federal McKinney-Vento Act.

Eligible students have the right to:

- Receive a free, appropriate public education.
- Enroll in school immediately, even if lacking documents normally required for enrollment.
- Enroll in school and attend classes while the school gathers needed documents.
- Enroll in the local school; or continue attending their school of origin (the school they attended when permanently housed or the school in which they were last enrolled), if that is their preference.
 - * If the school district believes that the school selected is not in his/her best interest, then the district must provide the student with a written explanation of its position and inform the student of his/her right to appeal its decision.
- Receive transportation to and from the school of origin, if requested.
- Receive educational services comparable to those provided to other students, according to the students' needs.

If you believe you may be eligible, contact the local liaison to find out what services and supports may be available.



Local Liaison

Levi Collins
(307) 366-2223

State Coordinator

Shannon Cranmore
(307) 777-3672

If you need further assistance with your educational needs,
contact the National Center for Homeless Education:

1-800-308-2145 * homeless@serve.org * <http://nche.ed.gov>

Students OF THE MONTH



JANUARY STUDENTS OF THE MONTH
Congratulations Lindsey, Elektra, and Porter!

Ten Sleep Girl Scout Troop 1360 is OFFICIAL!!!

Girl Scout Cookie Sales are UNDERWAY!!

“OPERATION COOKIE DROP”

**As a Troop we are on a Mission to send to send
as many boxes of cookies to the
101st Airborne Infantry Brigade
Who are currently deployed in Afghanistan!**

**Find one of our Girl Scouts in K-2 and Contribute
to “OPERATION COOKIE DROP”!!**

**Thank You
Jess Zierlein
Troop Leader
Please feel free to email me @
tensleepgirlscouts@gmail.com**



MARCH 2019

Washakie County School District #2

Monday

Tuesday

Wednesday

Thursday

Friday

Tacos
Refried Beans
Lettuce Salad
Peaches
Churros
Milk

4

Hot Dogs
Chili
Potato Chips
Broccoli & Veggie Sticks
Mixed Fruit
Milk

5

French Dip Sandwich
French Fries
Green Beans
Grapes
Milk

6

Chicken Noodles
Peas
Hot Rolls
Mandarin Oranges
Milk

7

Fish Sticks
Scalloped Potatoes
Peas
Pears
Milk

1

Pizza
Lettuce Salad
Veggie Salad
Veggie Sticks
Pineapple
Milk

8

Chili
Cinnamon Rolls
Corn
Applesauce
Milk

11

Chicken Fried Steak
Mashed Potatoes & Gravy
Broccoli Normandy
Apples
Hot Rolls
Milk

12

Hoagies
Potato Chips
Baked Beans
Capri Veggies
Tropical Fruit
Milk

13

Spaghetti
Bread Sticks
Green Beans
Pears
Milk

14

Burritos
Spanish Rice
Lettuce Salad
Veggie Sticks
Peaches
Milk

15

Chicken Enchiladas
Black Beans
Lettuce Salad
Peaches
Milk

18

Pancakes
Sausage Links
Egg Patties
Veggie Sticks
Oranges
Milk

19

Hamburger Deluxe
French Fries
County Trio
Grapes
Milk

20

Baked Potato Bar
Chili
Ham & Cheese
Broccoli & Cheese
Peanut butter Sandwich
Mandarin Oranges
Milk

21

Spring Break
No School

22

No School
Teacher Work Day

25

Salisbury Steak
Mashed Potatoes & Gravy
Peas & Carrots
Hot Rolls
Apples
Milk

26

Chef Salad
(eggs, ham, turkey, & Cheese)
Veggie Sticks
Bread Sticks
Grapes
Milk

27

Sloppy Joes
French Fries
Broccoli
Pears
Milk

28

Corn Dogs
Mac & Cheese
Country Trio Veggies
Peaches
Milk

29

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Washakie County School District #2

March 2019

Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	K-1 Swim Lessons 25	4-5 Trip to Worland 26 <small>TODAY</small> K-1 Swim Lessons MS Swim @ Worland 4:15 Start of 4th Qtr 8 AM – 9 AM	K-1 Swim Lessons 27	HSB State 28 K-1 Swim Lessons	HSB State 1 Red Friday, morning classes	HSB State 2 MS Swim @ Cody 9:30 USA Wrestling in Lovell @ 9:00
3	FFA Agriscience Fair @ Laramie 4 Girl Scout Meeting @ 6:00	FFA District Speech @ Thermopolis 5 MS Swim @ Lander 4:15	Senior Trip 6	Health Fair @ Ten Sleep School 7 Healthfair/Blood Draw 7-10 Senior Trip	Blue Friday, Afternoon Classes 8 Senior Trip USA Wrestling @ Powell @ 9	MS Swim @ Riverton 9:30 9 Senior Trip USA Wrestling in Lovell @ 9:00
Senior Trip 10	4-6 Swim Lessons 11 Girl Scout Meeting @ 6:00 School Board Meeting 7:00	4-6 Swim Lessons 12 FFA Regional Speech @ Thermopolis	4-6 Swim Lessons 13	4-6 Swim Lessons 14 Art Club Trip	Art Club Trip 15 End of 3rd Qtr Red Friday, Morning Classes	Art Club Trip 16 MS Conf. Swim @ Worland 9:30 USA Wrestling in Thermopolis @ 9:00
Art Club Trip 17	2-3 Swim Lessons 18 First MS/HS Track Practice Girl Scout Meeting @ 6:00 Shane Stiess HS Art Workshops	2-3 Swim Lessons 19 Shane Stiess HS Art Workshops	2-3 Swim Lessons 20 Shane Stiess HS Art Workshops	2-3 Swim Lessons 21 CSO Book Fair 7:00-6:00 Early Release, Afternoon Classes PT Conferences 1:30-6:00	No School Spring Break 22	FFA State Vet Science @ Torrington 23 USA Wrestling in Cody @ 9:00
24	Girl Scout Meeting @ 6:00 25 No School-Teacher Work Day	26	27	FFA Judging @ Powell 28	FFA Judging @ Powell 29 Red Friday, Morning Classes	FFA Judging @ Casper 30 HS Track @ Buffalo