



Jimmy Phelps
Superintendent

WASHAKIE COUNTY SCHOOL DISTRICT #2 March 2020

Levi Collins
Principal

Principal's Corner

We are well into our 2nd semester and we are excited to finish the school year strong and meet our goals. I am quite proud of all the accomplishments of our students this school year so far and we want to ensure that our students finish the school year strong as we approach time for standardized testing. We have recognized students who have achieved honor roll status at our assembly and gave awards to those students for their achievements.

All schools across the State of Wyoming are working to implement Computer Science Standards that have been adopted by the State Legislation. Schools (including Ten Sleep) are making a big push to get students excited about computer science and to get more students involved as it seems technology is becoming more common in everyday life. Computer science is designed to help students gain skills necessary to be successful in the 21st century. Having read numerous job outlook articles as well as most effective teaching practices, I encourage students, with help and support from parents, to take computer science courses here at Ten Sleep as these courses will help prepare our students to live in a digital world. We are especially encouraging our female students to take computer science courses and consider college and job prospectus for females in computer science. Demand is high for everyone (especially females) and enrollment is low for females. As a result, females have excellent scholarship opportunities available to them in computer science. Problem-solving/critical thinking are the main requisite skills for the computer science industry and I believe our students and our females have what it takes to be successful in this area. In our policy highlight this month, we

would like to highlight **Policy 5.10 Honor Roll** which states the following:

Honor time will be granted to any high school student who is on the "A" Honor Roll. Honor time will be granted by the amount of one-half day for each achievement on the "A" Honor Roll. This time may be accumulated to one day per semester and may be used in any way that the student and his/her parent/guardian see fit, providing the administration is informed prior to its use. Time may not be accumulated beyond one semester from the time it is earned. Students will need to make arrangements for completion of any class work missed during honor time.

The reason we would like to highlight this policy is because we feel it is of importance to recognize the hard work our students put into their grades. We feel strongly that students who put the effort into receiving high marks show true Pioneer pride and help us create a schoolwide culture of students who work hard to achieve their goals. What better way to show our support to those students then recognizing their efforts? If you have a student who achieved high enough marks to make an honor roll, please give them the well-deserved praise they have earned and join us in creating a school culture that rewards hard work and dedication to studies. If your student did not receiving high enough marks to make the honor roll, make goals with them and support them in an effort to achieve more. Thanks for your help in this matter.

As our high school basketball teams finish up their season our boys are scheduled to play a pigtail game and hopefully compete at the regional tournament. Our girls will be competing at the regional tournament and making a run to play at the state tournament. Show up and support our athletes! Our Middle

School Boys' basketball team just finished up their season and played well at their tournament. Thanks for your commitment boys, it was fun watching you play and grow over the season. We are happy to have the chance to see all of our Pioneers grow and play on the basketball court. All of our Pioneers are fun to watch this basketball season and we love having your support at the games. Go Pioneers!

We ask that you encourage your students in their school work and get involved in their homework and any other school sponsored activity. Studies have shown that increased parental involvement results in increased student achievement. We know that most parents are already quite involved in the student's school life and any additional time shows in your student's growth.

Thanks for your support in making our school and community a great place to be.

With Pioneer Pride,
Levi Collins

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Parent Note

A peaceful home environment promotes a sense of well-being

It's nearly impossible to lead a stress-free life these days, but you can work to make home a haven away from the daily grind.

To help your entire family feel mentally and emotionally well:

- Encourage laughter. Laughter should be a part of each day. Have everyone share favorite funny shows, movies, jokes and stories.
- Share stress-relief strategies. Teach your child to take deep breaths, go for a walk or turn on some relaxing music whenever she feels stressed.
- Remember the big three: good nutrition, adequate sleep and exercise. These are the keys to wellness.
- Share good things. Every day, have each family member report at least one good thing (no matter how small) that happened. Try to do this during a family meal. You could even write down the responses in a family gratitude journal.
- Stay organized. An organized, clutter-free home creates a more peaceful environment for everyone. It also teaches your child how to take care of her belongings.
- Pitch in. Chores go so much more quickly when everyone works together. Have a family chore time and then reward yourselves by doing something fun as a family.

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Your words can affect your middle schooler's motivation

The way your middle schooler hears you talk about him to others can have a lasting effect on him. It can motivate him to do his best—or discourage him from even trying.

To make sure your conversations have a positive effect on your child:

- Assume he is listening when you speak, even if he doesn't appear to be paying attention. Kids instantly perk up their ears when they hear their names. And your child picks up more than your words. He is mature enough to take note of the tone of your voice and the context of the conversation.
- Avoid discussing your child's strengths and weaknesses with his brothers or sisters. This can fuel sibling rivalry.
- Avoid making negative comments about your middle schooler to others—especially to other family members. Think of how you would feel if two people you love talked about how lazy you were, right in front of you.
- Congratulate him on his great grades and sports victories, but focus on what's really important to you. Talk about his kindness or his sense of responsibility. And if you really want to motivate him, talk about persistence. Remind him of a time that he didn't give up, even when the going got tough.

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Ask yourself these questions when setting rules for your teen

As your teen grows older, he needs fewer rules. But he's not an adult yet, and some limits still apply. The key to setting effective rules for your teen is balance. He needs independence but you still need to keep some control.

Rules will be different for each family, but some general questions are important to consider as you are setting rules for your high schooler:

- Has my teen had a chance to talk about this rule with me? Teens should have input about rules, although parents should always make the final decision.
- Will this rule help my teen develop independence? Teens need to learn how to think for themselves. They need a chance to make choices and live with them. But they can't handle every choice. For example, by high school, teens can decide when and where to study, but not whether to study.
- Am I setting an example by following this rule? For example, if you don't wear your seat belt when driving in a car, you shouldn't be surprised to discover your teen isn't wearing one when he is driving with his friends.
- Does my teen know what will happen if he violates this rule? It's important to discuss and establish consequences for misbehavior before the rule is broken.

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Board Briefs

Washakie County School District #2 School Board Minutes

January 13, 2020

The regular meeting of the Washakie County SD #2 Board of Trustees was called to order at 7:01 p.m. by Chairperson Jared Lyman. Present were board members Jared Lyman, Chuck Powell, Terril Mills, Mona Sindelar and Megan Truman. Also present were, Principal Levi Collins, Business Manager Connie Gay, Administrative Assistant Neysha Lyman and Student Parliamentarian Elizabeth Bleicher. Superintendent Jimmy Phelps was absent.

Pledge of Allegiance was led by Chairperson Jared Lyman.

Adopt Agenda: Mona Sindelar made a motion to approve the amended agenda with the addition under Business Discussion items of Letter D to change the wording of "bid for new bus to replace the spare bus" to "replace the activity bus" and under executive session add personnel issue. Seconded by Chuck Powell. Motion carried 5-0.

Reports and Recognition:

Parliamentarian Moment: Student Parliamentarian Elizabeth Bleicher presented to the board two new motions that can be used during the meetings; Lay on the table and Postpone Definitely.

Guests and Patron Comments: Justin Smith addressed the board with his thanks to the music teacher for a wonderful Christmas program. Dani Rice addressed the board with concerns over the cameras not working to record the basketball games.

Business (Consent Agenda Items):

Principal Report: Included in the packet.

Superintendent Report: Included in the packet.

Terril Mills made a motion to approve the consent agenda. Terril Mills abstained from warrant #23618 in the amount of \$75.00 and Jared Lyman abstained from warrants #10036 in the amount of \$196,624.80 and #10037 in the amount of \$21,847.20. Seconded by Megan Truman. Motion carried 5-0. Minutes of the Regular Meeting on December 9, 2019 were approved. Board members received copies of the statements and bills for review. Authorization to pay the following vouchers: General Fund warrants #23605-23645 in the amount of \$31,857.62; Major Maintenance Fund warrant #13014 in the amount of \$405.73; Depreciation Fund warrant #10035-10037 in the amount of \$219,239.94; Hot Lunch Fund # 16012-16014 in the amount of \$3,852.73; Teacherage Fund warrant #15035 in the amount of \$150.00; Activity Fund warrants #2866-2869 in the amount of \$348.49.

Approve Prepaid Bills: General Fund warrants 23511-23563 in the amount of \$2,725.66.

Approved Public Records Contact: Business Manager Connie Gay.

Approved Students Work Release Request.

Business (Discussion/Action Agenda Items):

First Reading Policy 1.25 Recreation District: Chuck Powell moved to approve the changes of Policy 1.25 as presented on first reading. Seconded by Terril Mills. Motion carried 5-0.

First Reading Policy 5.21 Attendance Regulations: Discussion followed. Terril Mills moved to approve the changes of Policy 5.21 Attendance Regulations on first reading. Seconded by Megan Truman. Motion carried 5-0.

Bid for New Phone System: Chuck Powell moved that we approve for a new phone system to go out for a Request for Proposal as presented. Seconded by Mona Sindelar. Motion carried 5-0.

Bid for a New Bus to Replace Activity Bus: Discussion followed. Megan Truman moved to postpone definitely until the next board meeting. Seconded by Chuck Powell. Motion carried 4-1.

Bus Route: Discussion followed on the Cottonwood Street/Hyattville Road Bus route.

Executive Session: Mona Sindelar moved to go into Executive Session at 8:27 p.m. for the Superintendent Evaluation and a personnel issue. Seconded by Megan Truman. Motion carried 5-0. The board reconvened at 10:30 p.m. Chuck Powell moved to approve the Executive Session Minutes as read in Executive Session. Seconded by Megan Truman. Motion carried 5-0.

Meeting Was Adjourned Meeting adjourned at 10:30 p.m. by Chairperson Jared Lyman.

February Board Agenda Items: Set Date for Budget Work Session if Needed. Budget Review. Superintendent Contract. Superintendent Evaluation. School Calendar. Second Reading Policy 1.25 Recreation District. Second Reading Policy 5.21 Attendance Regulations. Update on Gym Cameras. New Bus Purchase.

Students of the Month

Congratulations to our Students of the Month!

Elementary-Shelby Lyman, daughter of Tyler and Neysha Lyman.

Middle School-Kruze Forshee, son of Nathan and Adrienne Forshee.

High School-Lindsey Holiday, daughter of Brian and Colleen Holiday.



Back to the Future Night

On March 19 during PT Conferences Ten Sleep Schools will be showcasing **computer science skills and CAREER education**. Come with your student to the elementary computer lab and work together. Students can demonstrate to parents and families what they have been learning and what they have created. There will also be some displays of career education samples. Come see the new ideas and creations going on in the school!



Honoring our Veterans: A Community Event

Mrs. Decker would like to invite the community to an evening honoring veterans and celebrating our students. March 23 at 6:00 p.m. in the cafeteria the 11th grade English class will present their research on veterans, many of whom are local.

Since the beginning of the year, these students have been researching and writing about veterans. Now that the hard work is done, the students will present their research to the community. Not only will the community get to watch the presentations, but the students' essays are in the process of being printed and bound in a book entitled *The Sacrifice: A Veteran Research Project*, which will be available by pre-order only. For more information about the evening or about ordering a copy of the book, contact Kate Decker at the school.

Come join us to celebrate the hard work of our students and the sacrifices our veterans and their families made.

Elementary Swimming Lessons in March

What to Bring

Swimming Suit

Towel

Shower toiletries

Stocking Hat (cover wet head in the cold or wind)

Hair tie (GIRLS)

Goggles (not necessary)

Snack (for after swimming)

We will be leaving the school at 11:30 am and will be returning by 3:00 pm. If you have any questions please contact Mrs. Egger.

March 2nd thru the 5th the kindergarten, first and second grades will have lessons., March 9th thru the 12th the fourth, fifth and sixth grades will have lessons. March 30th thru April 2nd the third grade will have lessons.

Nurse's Corner

As we head into March it's important to remember we are still in the midst of cold and flu season. Remember to protect yourself and those around you by following these steps.

Get your flu shot, and stay up-to-date on other routine childhood and adult immunizations.

Wash your hands with soap and water or, at a minimum, use an alcohol-based hand rub, which may be less effective than soap and water.

Avoid close contact with anyone with cold or flu-like symptoms.

Avoid touching your eyes, nose, and mouth.

Clean and disinfect frequently touched objects and surfaces such as desks, doorknobs, handrails, etc.

Stay home if you are sick.

Cover coughs and sneezes with a tissue or your inner elbow shirt sleeve.

The Wyoming Department of Health along with the CDC is closely monitoring the coronavirus disease called COVID-19. Please follow the links below for more information.

<https://health.wyo.gov/publichealth/infectious-disease-epidemiology-unit/disease/novel-coronavirus/>.

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>.

Library Corner

The Friends of the Library are cleaning house! All books in the book sale area must go...help yourself! No donation is needed. We will be restocking the shelves soon and need to make room. Take as many as you want for your reading pleasure, gifts, art projects or for your classroom! We have children's through adult fiction, nonfiction, DVD's, and book on CD available. Please help us clean the shelves!

Girls K-5th grade: join the librarians for a "First Day of Spring Tea Party". Bring your chosen adult and put on a pretty dress on Friday March 20th for this formal tea. Beginning at 2:30 p.m., we will have several teas and punch to try, tea sandwiches and scones, flower making and party games. Watch for your invitation to arrive, but please plan on coming! If you have a tea set you would like to share in our display case please drop it by!

National Quilt Day is March 21st. We will celebrate quilts and those who make them by displaying quilts on our walls throughout the month of March. Please share your favorite quilt or wall hanging with us.

Join us for more crafting! March 23rd at 6:30 p.m. we will have a beginning crochet class. If you want to try something new please join us. This is a basic class for adults. You must be at least 16 years old to participate. Sign up is required and all supplies are furnished by the Friends of the Ten Sleep Library.

We hear the Paw Patrol will be visiting towards the end of the month, the date is not set in stone but we know you will want to have your picture taken with Marshall, Rubble Chase and Rocky! Keep an eye out for more information available soon.

The March Story Hour themes will be Frogs, St. Patrick's, Quilts and Agriculture. Story hour meets every Thursday at 10 a.m.

Please update any address, phone or email changes with the library. We can help you access your account online and give you the mobile app information. Check on your account, renew items, reserve books, and view databases all from the comfort of your home with your library card.

Counselor Corner

Guidance Lesson Current Curriculum:

KG: Callie the Career Cow visits jobs around the neighborhood- Students get to take Callie home with them and Callie gets to go to work with an adult and document all the exciting things that adults do on the job! Students are learning about different tools in the work force. Students are learning about all the different jobs that we see in our area.

They will then learn about how their interests play a role in their future job.

Grade 1-2: Students are learning about careers and what they do.

They are exploring different ideas and reporting about their likes and dislikes. We hope to have a guest speaker and do an activity to test our marketing abilities with on the job training!

Grade 3: Students are exploring their personalities, interests, and learning styles to see how they relate to a career. They will then narrow down their ideas to 3 careers and do some research with an end result of making a poster board to demonstrate their favorite career.

Grade 4-5: Students are doing interest inventories to compare reliability and validity. They will then narrow down their idea to one career. We hope to have some guest speakers join us this month.

Grade 6: Mental Health Education - We are currently discussing the definitions of specific mental illnesses. We will explore the signs and symptoms and then lead into resources and ways to be healthy or get help.

Secret Service Club:

We finished the Kindness Challenge week with great success. Many students participated in the recess kindness station sharing kind notes and laughter. Students had fun dressing up for the dress up days as well. Students worked at the computer sending a Valen-

tine to a child who was hospital bound during Valentine's Day. Currently we are working on "friendship bracelets" and beaded key rings and other beaded projects to send a kind package to another school. We have chosen a school in New Mexico as a school to share our love with. The kindness care package will be sent out soon.

Pioneer Pride:

We meet bi-monthly. Our current topic of conversation is communication. We have played a few games and discussed the importance of good, clear communication and what that looks like!

National Honor Society:

We are still involved with peer tutoring in the school on Tuesdays and Thursdays. We continue to do recycling. We recently helped with delivering the CSO Valentine candy cups. Our administrators have offered to take the group to lunch, so we are preparing for this invitation with enthusiasm!



A HUGE shout out to all who have supported Ten Sleep CSO!

The annual Book Fair is fast approaching and a great place to get some fun reading material for kids or yourself for the summer. The book fair is scheduled for March 19th, 7:00 a.m. to 6:00 p.m. in the school cafeteria. This is a one day event, so please plan to attend. We are looking forward to seeing you!

Our next meeting is March 10th at 3:30 p.m. at the School.

Ten Sleep School

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Ten Sleep School
Supporting Success

Wyoming Health Fairs coming to Ten Sleep

It's March!

Start your month off right by marching over for a wellness screening offered by Wyoming Health Fairs (WHF). Wellness screenings will take place in Ten Sleep at the School on March 5th from 7:00 to 10:00 a.m., the Senior Center Friday, March 13th from 7:00 to 9:00 a.m. WHF will also be in Worland Saturdays on March 7th, 14th and 21st at the Worland Community Complex from 7:00 to 9:00 a.m.

If you have never been to a wellness screening, please consider this event as a great opportunity to learn your "numbers" and begin your wellness journey. Those who have participated know that a health screening is a very useful tool in monitoring, and maintaining a healthy lifestyle.

WHF offers a variety of screenings including Blood Pressure, Body Fat Percent, take home ColoCareKit, as well as several different blood draw screenings. A 12 hour fast is recommended prior to blood draw unless you are Diabetic. Please drink plenty of water and take medications as usual.

For more information visit the WHF website at www.wyominghealthfairs.com.

School Lunches

Student meals are \$2.00 for K-6, \$2.50 for 7-12 and an extra milk is \$.25. March costs for K-6 will be \$42.00, 7-12 will be \$52.50. By state law, the school cannot extend credit.

Breakfast tickets are available in the lunchroom for students wishing to purchase breakfast items.

Make sure you do your part to count all children. In March 2020, when you respond to the census, here is what you need to know:

- Count all children who live in your home whether they are related to you or not.
- If a child's time is evenly divided between two households, count where the child is on Census Day—April 1, 2020.
- Count children who are living in your home on April 1, 2020, even if they are only staying with you temporarily.
- Count newborn babies, even if they are still in the hospital on April 1, 2020.

Responding to the census is easy, safe, and important. You can complete the form online, by phone, or by mail.

And remember: Just like you protect the children in your care, the U.S. Census Bureau protects your privacy. The law requires the Census Bureau to keep your information confidential, and your responses cannot be used against you.

Help shape their future by going to **2020CENSUS.GOV.**



**Shape
your future
START HERE >**

United States®
**Census
2020**



MARCH 2020

Washakie County School District #2

Monday

Tacos
Refried Beans
Lettuce Salad
Peaches
Churros
Milk

2

Chili
Cinnamon Rolls
Corn
Applesauce
Milk

9

Tomato or Potato Soup
Grilled Cheese
Peas
Applesauce
Dessert
Milk

16

Lasagna Roll Ups
Bread Sticks
Green Beans
Pears
Milk

23

Hot Dogs
French Fries
Chili
Apples
Milk

30

Tuesday

Tator Tot Casserole
Green Beans
Hot Rolls
Apples
Milk

3

French Toast Sticks
Sausage Patties
Egg Patties
Hash Browns
Veggie Sticks
Oranges
Milk

10

Turkey Wraps
Chips
Baked Beans
Broccoli or Brussel Sprouts
Apples
Milk

17

Salisbury Steak
Mashed Potatoes & Gravy
Broccoli
Hot Rolls
Apples
Milk

24

Chicken Strips
Chicken Rice
Egg Rolls
Stir Fry Veggies
Pineapple
Milk

31

Wednesday

French Dip
French Fries
Country Trio
Pears
Milk

4

Hamburger Deluxe
French Fries
Broccoli or Spinach
Grapes
Milk

11

Pork Rib or Chicken Sandwich
Capri Veggies
French Fries
Green Beans
Mixed Fruit
Milk

18

Hoagies
French Fries
Corn
Grapes
Milk

25

Thursday

Chicken Patties
Mashed Potatoes
Peas
Hot Rolls
Mandarin Oranges
Milk

5

Chicken Fried Steak
Mashed Potatoes & Gravy
Peas
Peaches
Milk

12

Beefy Nachos
Lettuce Salad
Tator Rounds
Refried Beans
Peaches
Milk

19

Baked Potato Bar
Chili
Ham & Cheese
Broccoli Cheese
PB Sandwich
Mandarin Oranges
Milk

26

Friday

Corn Dogs
Mac n' Cheese
Broccoli
Apples
Milk

6

Pizza
Lettuce Salad
Cottage Cheese
Pineapple
Milk

13

No School

20

Sloppy Joes
French Fries
Peas
Peaches
Milk

27



This Institute is an Equal Opportunity Employer

March 2020

March 2020						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2020						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mar 1	2	3	4	5	6	7
	Elementary swimming K-2				Speech & Debate @ Worland	
	Girl Scouts @ 6:00	FFA District Speech Grades 3-5 @ Cody Museum		School Health Fair Blood Drive 7:00-10:00	Blue Friday, Afternoon Classes Worland Senior Center	MS Swim @ Riverton 10:00
8	9	10	11	12	13	14
	Elementary swimming 4-6				Red Friday, Morning	MS Swim Conference @
	First HS Track Practice Girl Scouts @ 6:00 School Board Meeting Sheridan FFA Contest	FFA Regional Speech			Speech & Debate State @ Green River TS Senior Center Health Fair Blood Draw 7:00-9:00	
15	16	17	18	19	20	21
	First MS Track Practice Girl Scouts @ 6:00		Vaping Presentation @ noon	Speech & Debate National @ Rock Springs Early Release, Blue Friday Schedule, Parent Teacher Conferences	Teacher Inservice, No school	HS Track @ Greybull
22	23	24	25	26	27	28
	Girl Scouts @ 6:00 Honoring our Veterans: A Community Event @ 6:00	ACT for Juniors		FFA Powell Contest	Red Friday, Morning Classes	FFA Casper Contest Girl Scout Cookies @ Dirty Sally's 9:00-1:00 MS Track @ Powell 9:30
29	30	31	Apr 1	2	3	4
	Elementary swimming 3rd Girl Scouts @ 6:00					



Ten Sleep Girl Scout Troop 1360

Cookie Sales are still going! The girls will be around taking orders!

We are giving our donated boxes this year to our local Law Enforcement agencies!

Cookies should be here between March 18 and the 22!

We will have a couple cookie booths in front of Dirty Sally's!

First Booth will be March 28th!

The girls have big goals and all want to go the Girl Scout camp this summer! Or take a trip to Yellowstone!

Thank you so much for all the support!

Any questions/comments please contact

Jess Zierlein

Troop Leader/Service Unit Manager

tensleepgirlscouts@gmail.com

