



Jimmy Phelps
Superintendent

WASHAKIE COUNTY SCHOOL DISTRICT #2
NOVEMBER 2018

Levi Collins
Principal

Principal's Corner

Dear Parents/Guardians,

First quarter of school and has come and gone and we are in the process of starting into our second quarter. We have had many positives to celebrate in our first quarter of the school and our students and teachers are working hard so that everyone reaches their potential.

We had a good turnout for our parent teacher conferences as parents had the opportunity to meet with teachers and play an active role in the student's education. Thanks to all who took the time to complete the survey and we will work our hardest to improve our school based upon you responses. We enjoyed meeting with all the parents reconnecting with all the families. We heard many positive comments from parents and we share the common goal of student achievement.

Thanks for all the volunteers at our sporting events and field trips. Your support is always welcome and needed. Our Middle School girls' volleyball team had an excellent end to their season. The team entered their final tournament as the lowest seed. The girls played extremely well at the tournament making it all the way to the championship game where they were defeated by Greybull. Congratulations on taking 2nd place to our Middle School girls' volleyball team. Our Middle School

Boys' Football team ended the year on a positive note as well and they did a great job and we are looking forward to what they will achieve in the years to come. The High School Girls' Volleyball team finished up their season as well and they had many improvements and highlights over the course of their season. Thanks to all of our student athletes. It was a pleasure to watch and support you during the season. Go Pioneers!

Our homecoming celebrations were also a success. We had plenty of events during our Homecoming week. All students participated in decorations of the school as well as numerous activities both at school and outside of school. Thanks to the community for your support during Homecoming week. The students notice your support and we are happy to have it. The Community Bonfire and BBQ during homecoming week had a good turnout and we hope to make that a new tradition at Ten Sleep Schools that we can look forward to each year. Students also had a good time showing spirit with the different themed dress days during Homecoming Week.

Our student council is also active in planning events that will offer entertainment for the community. Be on the lookout for flyers around town or events posted on social media for

more details. I have been amazed at the local community and I am truly grateful that I have the opportunity to be a part of this wonderful school and town.

With Pioneer Pride,
Levi Collins

CSO

CSO will meet November 6th at 6:00 PM in the cafeteria. Please see the attached shirt order flyer. Order a Pioneer T Shirt and show your Pioneer Pride!

The Pioneer Way: Learning to Live our Dreams!

Inside this Issue

| | |
|-----------------------|---|
| Parent Notes | 2 |
| Honor Roll | 3 |
| Honor Roll | 3 |
| Note from the Nurse | 5 |
| FFA News | 6 |
| School Counselor | 6 |
| Homecoming Highlights | 7 |

Parent Note

Five strategies to give your child's vocabulary a boost!

Reading at home is one of the best ways to boost your child's vocabulary. That's because reading exposes your child to new ideas, concepts and words.

Here are five effective strategies that will help you increase your child's vocabulary:

1. Read different kinds of books to your child. If you usually read fiction, go to the library and get a book that explains how something works instead. Check out a book about a sport or activity your child enjoys. Or, read a biography about a person she admires.
2. Look for words your child might not know as you read. "It says here that George Washington went to school to become a surveyor. What do you think that word means?"
3. Listen for new words as you're watching TV. News programs often include words your child may not know. "Have you ever heard the word tsunami before? Let's look it up to see what it means."
4. Pull out the thesaurus. Find synonyms for words your child uses often when writing or speaking.
5. Help your child create her own dictionary. All you need is a notebook with a page for each letter. When your child discovers a new word that she wants to remember, have her write it and its definition in the notebook. Review those words from time to time.

Reprinted with permission from the November 2018 issue of Parents make the difference!® (Elementary School Edition) newsletter. Copyright © 2018 The Parent Institute®, a division of PaperClip Media, Inc.

Talk to your child about the importance of academic honesty

The research is in on students and cheating, and the news is sobering. In a nationwide survey of 43,000 secondary students, 59 percent admitted to cheating on tests and assignments. Studies also show that:

- Above-average students are just as likely to cheat as their lower-achieving peers.
- Cheating doesn't carry much of a stigma anymore. Students don't feel the shame in it that they once did.
- The more pressure students feel to earn higher grades, the more likely they are to cheat.
- Cheaters often justify their actions by claiming that "everyone's doing it." In their minds, they'll be at a disadvantage if they don't cheat.
- Cheating is easier than ever, thanks to the internet. Students can download entire papers or projects online and pass them off as original work.
- Kids tend to begin cheating in elementary school, typically by cheating at games or sports. True academic cheating sets in during middle school.

Talk with your child about cheating. Let him know you expect honesty from him at all times, whether he's at home or in class. And remind him that cheating includes:

- Copying homework from another student.
- Receiving or giving help during a test.
- Copying work without giving the source.
- Handing in a project or paper that was completed by someone else.

Reprinted with permission from the November 2018 issue of Parents Still make the difference!® (Middle School Edition) newsletter. Copyright © 2018 The Parent Institute®, a division of PaperClip Media, Inc.

This five-step process can bolster your teen's writing

Writing is a key skill for success in nearly every subject, and is also a critical part of many college applications. So how can you help your teen strengthen her writing skills?

Research shows that five steps help teens improve their writing:

1. Prepare. Your teen should spend time brainstorming and listing key points to include. Or, she can try writing for 10 minutes. This will help her figure out what she already knows about the topic.
2. Research. Your teen can search online, read newspaper articles, or get help at the library. The extra research will deepen her understanding and make her writing more interesting.
3. Make an outline. Teens hate this step—but it works. Have your teen try different kinds of outlines. The traditional numbers-and-letters outline works well for some teens. Others prefer a tree or even a series of connect-ed circles.
4. Write more than one draft. The first draft is the "down draft"—it's the time for your teen to get her ideas down on paper. Once it's finished, she should set it aside for a while. When your teen comes back to it, she may have ideas for how to rephrase or reorganize.
5. Proofread. Your teen should read over her final draft and check for any spelling or grammatical errors.

Reprinted with permission from the November 2018 issue of Parents Still make the difference!® (High School Edition) newsletter. Copyright © 2018 The Parent Institute®, a division of PaperClip Media, Inc.



Library Corner

Kids! Join "After the Bell" after school program with Rhonda and Carol. This runs Monday through Thursday during the school year from 3:15pm-4:45pm. Games, crafts, stories, science experiments, fun and homework help are just some of the things happening in the Nowood Room after school. All school aged kids are welcome to participate. Remember early release on Nov. 21. Our program will run from 1pm-3pm that day.

Stop by the Library for a Halloween treat on Oct 31. We welcome the parade of goblins and ghouls early that morning so be sure to get here in time to see all the creative costumes!

The Friends of the Library are already thinking about their Christmas Open House and Silent auction which will be held on Monday, Dec. 10th. It will be a special one, as we will welcome author Craig Johnson. He will be sharing with us his 2018 Christmas story. Please think about this event as you begin your holiday plans, crafts and shop for new gift items. Donations are now being accepted for the silent auction.

Story time for preschool meets every Thursday at 10am. Themes this month will be: Nov.1 Native Americans, Nov.8 Pumpkins, Nov.15 I am thankful for..., Nov.22 no story time, Nov. 29 Shapes.

The Library will be closed Nov. 10-12 for Veteran's Day, and November 22-24 for Thanksgiving.

Visit our website at www.washakiecountylibrary.com and like us on Facebook!

Veterans' Program

We are honoring our veterans with a program and luncheon on Monday November 12th at 10:00 AM. We invite everyone to come and watch the concert. Our students do an awesome job.



Hot Lunch

Student meals are \$2.00 for K-6, \$2.50 for 7-12 & an extra milk is \$.25. November costs for K-6 will be \$40.00, 7-12 will be \$50.00.

By state law, the school cannot extend credit. If you didn't receive an application for free and reduced lunches and would like one, please contact the school office.

Please watch for the EZ school apps email coming soon. We are starting a hot lunch computer program! We would like parents to go to www.ezparentcenter.com and set up an account. You will be able to log in at any time and see your students lunch balance. We will be able to send you notifications if their balance gets low. At this time we are NOT set up to take credit cards, but that will come in the future.

The public is invited to our Thanksgiving Dinner on Wednesday November 14th. If possible, please call the school by noon on Tuesday November 13th if you plan on attending.

Community Calendars

The Ten Sleep United Methodist Women are currently taking orders for their 2019 Ten Sleep Community Birthday Calendar. They are available for \$8.00 each. Ad space is available for \$35.00. We would love to include new community members on the calendar as well.

A portion of the calendar proceeds will be given as scholarships to Ten Sleep graduates who are attending a post high school educational or training facility. Please contact Georgia Stocklin with changes or additions.

Please see the attached order form.

Honor Roll

Congratulations 1st Quarter Honor Roll Students!

"A"

Seniors: Kinley Erickson, Matthew Fenton, Kelli Holiday

Juniors: Zayne Cooper

Sophomores: Payton Casteel, Lindsey Holiday, Elizabeth Lungren, Anna Powell

Eighth Grade: Walker Cooper, Josie Decker

"B"

Seniors: Katon Fox

Juniors: Molly Charney, Bryley Moore

Freshman: Elizabeth Bleicher, Brian Shoopman

Eighth Grade: Kinley Anderson

Seventh Grade: Canyon Egger, Isabelle Fox, Jacob Holiday, Carter Lungren, Elektra Shoopman

The regular meeting of the Washakie County SD #2 Board of Trustees was called to order at 7:04 p.m. by Chairperson Tessia Greet. Present were board members Tessia Greet, Terril Mills, Jared Lyman, Chuck Powell, and Jane Thurston. Also present were Superintendent Jimmy Phelps, Principal Levi Collins, Business Manager Connie Gay and Administrative Assistant Neysha Lyman.

Pledge of Allegiance was led by Chairperson Tessia Greet.

Adopt Agenda: Jane Thurston made a motion to approve the amended agenda with the following changes: Under item 4 Reports WSBA Representative was unable to attend, also change the order of reports with the ACT Results first followed by the NW BOCES report. Seconded by Terril Mills. Motion carried 5-0.

Guests and Patron Comments: Sarah Novak asked for assistance at the weekend game.

Reports and Recognitions: ACT Report: Levi Collins presented the results from the ACT test with the board.

NW BOCES: Carolyn Conner updated the board on the NW BOCES program.

Business (Consent Agenda Items):

Principal: Principal report was included in the packet.

Superintendent: Superintendent report was included in the packet.

Minutes of the August 13, 2018 meeting were approved. Board members received copies of the statements and bills for review. Jane Thurston made a motion to approve the consent agenda.

Seconded by Chuck Powell. Motion carried 5-0. Authorization to pay the following vouchers.

General Fund warrants #21326-21426 in the amount of \$292,165.41; Federal Fund warrants

#3870-3876 in the amount of \$6,788.82; Major Maintenance Fund warrants #1242-1245 in

the amount of \$36,602.89; Hot Lunch Fund warrants #1462-1469 in the amount of

\$10,790.20; Teacherage Fund warrant #1481-1494 in the amount of \$9,146.01; Activity Fund

warrants #2741-2748 in the amount of \$2,230.69. Approved prepaid bills: General Fund

warrants #21325-21376 in the amount of \$6,440.61; Teacherage Fund warrant # 1488 in the

amount of \$106.69. Approved Library Contract. Approved Contract for Security Consultant.

Approved Contract Amendment for Speech Pathologist. Approved Work Release Student.

Business (Discussion Agenda Items):

First Reading Policies 3.38 and 4.14 Annual Leave: Terril Mills moved to pass on First Reading of changes to Policies 3.38 and 4.14 as recommended. Seconded by Jared Lyman. Motion carried 5-0.

First Reading Policy 5.15: Chuck Powell moved to approve changes to Policy 5.15 on first reading as amended. Seconded by Jane Thurston. Motion carried. 5-0.

Executive Session: Chuck Powell moved to go into executive session at 7:27 p.m. for personnel, a student issue and to consider or receive any information classified confidential by law.

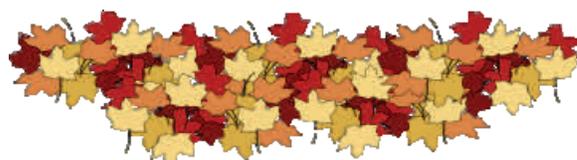
Seconded by Terril Mills. Motion carried 5-0. Board reconvened at 8:40 p.m. Terril Mills made a motion to approve the executive session minutes as read in executive session. Seconded by Chuck Powell. Motion carried 5-0.

Assistant High School Volleyball Coach: Chuck Powell moved to approve to hire Crystal Cooper as the Assistant High School Girls' Volleyball Coach. Seconded by Terril Mills. Motion carried 5-0.

First Reading Firearms Personnel Authorized to Carry Policy: Terril Mills moved to consider the "rule" of concealed carry by employees at the Regular called meeting on Monday, November 12th, and authorize Mr. Phelps to provide notice as required by law. Seconded by Chuck Powell. Motion carried 5-0.

Meeting Was Adjourned Chairperson Tessia Greet adjourned the meeting at 9:38 p.m.

October Board Agenda Items: Review Transportation Fleet. Second Reading Policies 3.38, 4.14 and 5.15.



Washakie County School District #2 School Board Special Meeting Minutes September 24, 2018

The Special meeting of the Washakie County SD #2 Board of Trustees was called to order at 7:03 p.m. by Chairperson Tessia Greet. Present were Tessia Greet, Jane Thurston, Chuck Powell, Jared Lyman, and Terri Mills. Also present was Superintendent Jimmy Phelps, Principal Levi Collins, Business Manager Connie Gay, and Administrative Assistant Neysha Lyman.

Pledge of Allegiance

Adopt Agenda: Jane Thurston made a motion to approve the agenda. Seconded by Chuck Powell. Motion carried 5-0.

Business (Discussion Agenda Items): Presentation on Vocational Building - Arete Design Group: Karen Kelly, Andrew Elston and Tim Jager presented to the board. Approve Welding Students to Cheyenne Contest at Laramie Community College: Chuck Powell moved we approve allowing the welding students to attend the Cheyenne contest September 27-28, 2018. Seconded by Jane Thurston. Motion carried 5-0.

Meeting Was Adjourned Chairperson Tessia Greet adjourned the meeting at 7:46 p.m.



Georgia Stocklin is collecting items for the Little Shoppers Event that is held in December, if you would like to donate anything,

Washakie County School District #2 School Board Special Meeting Minutes September 26, 2018

The Special meeting of the Washakie County SD #2 Board of Trustees was called to order at 7:03 p.m. by Chairperson Tessia Greet. Present were Tessia Greet, Jane Thurston, Chuck Powell, Jared Lyman, and Terri Mills. Also present was Superintendent Jimmy Phelps, Principal Levi Collins, Business Manager Connie Gay, and Administrative Assistant Neysha Lyman.

Pledge of Allegiance

Adopt Agenda: Terri Mills made a motion to approve the agenda. Seconded by Jane Thurston. Motion carried 5-0.

Business (Discussion Agenda Items):

Presentation on Vocational Building - Plan One: Dan Odasz and Mick Duff presented to the board.

Meeting Was Adjourned Chairperson Tessia Greet adjourned the meeting at 8:01 p.m.

Nurse's Corner

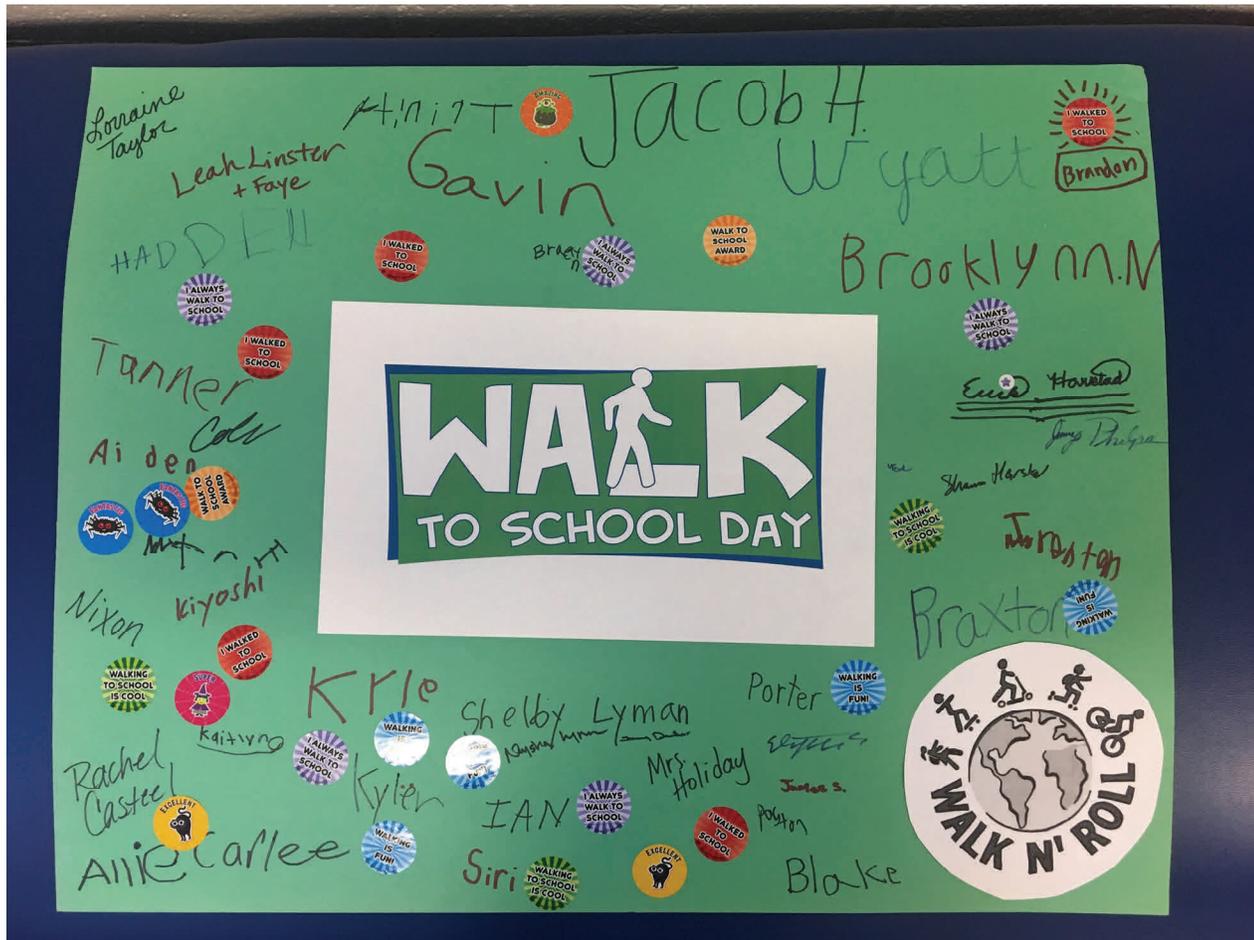
Gratitude is Medicine For the Body and Soul

Find time this month and all year long to show your gratitude, your health will thank you for it! Happy Thanksgiving!

| HEALTH BENEFITS OF GRATITUDE | HOW TO SHOW GRATITUDE |
|---|---|
| 1. IMPROVES SLEEP QUALITY  | 1. GIVE OUT COMPLIMENTS  |
| 2. DECREASES BLOOD PRESSURE IN THOSE WITH HYPERTENSION  | 2. MAKE A LIST OF THINGS YOU ARE GRATEFUL FOR  |
| 3. INCREASES YOUR ENERGY LEVELS | 3. VOLUNTEER IN YOUR COMMUNITY |
| 4. REDUCES STRESS AND DEPRESSIVE SYMPTOMS  | 4. DO SMALL RANDOM ACTS OF KINDNESS |
| 5. HELPS YOU LIVE LONGER | 5. SMILE!  |

SOURCES: <http://happierhuman.com/research-review-the-value-of-positive-psychology-for-health-psychology-progress-and-pitfalls-in-examining-the-relation-of-positive-phenomena-to-health/> | <http://time.com/5026740/health-benefits-of-gratitude/> | <http://drcnews.go.com/Lifestyle/thankingsgiving-daction-gratitude-good-health-research/story?id=1113064>

Our School participated in Walk to School Day on October 10th. We had great participation!



Middle School Football

There is no better way to spend a Saturday afternoon in September or October than experiencing Pioneer Football. This year our Middle School proved to be a scrappy team, with a ton of toughness to boot. We were led by three eighth graders: Walker Cooper, Ian Turgeon, and Josh Zent. One seventh grader: Canyon Egger. One sixth grader: Kiyoshi Smith. Four fifth graders: Christopher Blutt, Sam Decker, Erik Harstad, and Payton Norman. Our upper classmen provided a spark and energy for our team that was incredible each and every game. The strength of Josh Zent and Ian Turgeon gave us consistency on the line and hands in the wide receiver position that was problematic for every team we played. Walker Cooper's and Canyon Egger's speed and football IQ really set this team apart. If you saw them play you know Ten Sleep Athletics has some big things in its future! This was the first year for Kiyoshi Smith, but he took to the game fast and became an impact player by the first week. Our fifth graders grew by leaps and bounds. They are representative of Ten Sleep pride. Thanks for all that came out and supported us on Saturdays! Get ready for Pioneer Football in 2019!



Middle School Volleyball

We were very fortunate this year to have 100% participation 5th-8th grade for our volleyball team this year, totaling 11 girls. We were able to have both an A team and a B team, so every girl got a great deal of playing time throughout the season. I am so proud of each one of these girls for taking their role on the team seriously, coming to practice every day and soaking up every ounce of knowledge of the game that they could in six short weeks. We went into the Big Horn 7th Grade Tournament ranked last place and fought hard to make it to the championship game, coming away with 2nd place. Coach Arnett and I could not be any prouder of these girls and want to congratulate them on a fantastic season!

Go Pioneers!
-Coach Schwarz





The second graders went to the Circle J to pick apples.

Quips from the Activities Director

Our fall sports seasons have drawn to a close but we had some great contests. Our middle school football team was fun to watch. Although we might have been out-numbered and possibly out sized, those guys provided great heart and determination. A heartfelt thank you goes to Coach Weaver and Coach Shoopman for a job very well done.

Coach Lewton and Arnett took a very young and energetic middle school volleyball team to the conference tournament where they were able to put it all together and got themselves to the championship game after entering the tournament as the 6th seed. How exciting! Congratulations ladies, it was fun!

High school volleyball showed tremendous growth over the season. They had a mix of youth, experienced and non-experienced players. We are so proud of their efforts throughout the season, particularly since they were on the road for seven straight weeks. If you saw them play at home on August 31 and then again on Oct. 12, you would also have seen this growth. The match of the century happened during Homecoming Week vs. Dubois. We had a very enthusiastic crowd and we were treated to some awesome volleyball. We thank you Coach Egger and Coach Cooper for your grit and determination.

Middle school girls' basketball is in full swing. Most of those energetic girls from volleyball, will also be on the hardwood. They open up their season in Burlington on Oct. 26. You can follow them at home, on Saturday Oct. 27, at 10 and 11AM.

Homecoming was a huge success, our FFA team is at Nationals this week and the next non-sporting event that is happening here is our Veteran's Day celebration on Nov. 12 at 10AM.

We want to take a minute and extend a thank you to our community for all their support to our students. You make a difference. Our students know when you are present and they greatly appreciate your support.

GO PIONEERS!

Counselor Corner

ATTENTION PARENTS: Profanity and Vulgar Language Follows

It has been brought to the school's attention that the inappropriate language used by students has really hit an all-time, record setting high across the grades. Most specifically troublesome, our younger students using or being exposed to this inappropriate language during recess or unstructured times when adults are not in ear-shot. NOW, I realize adults in school cannot hear all and see all. Just as parents/guardians in the home do not hear all and see all. I also imagine this is a highly controversial topic; one where you may sway heavily to one side or the other. Some may take the position of "not a big deal, they are just words" while others may take a stance that the vulgar language is problematic and highly offensive.... I am not approaching this subject from my ivory tower; let me be the first and not the last to say that I am not perfect and words have come out of my mouth that are dis-tasteful. Nonetheless, there is a time and a place for everything.

Once I really sat down and thought about the topic, it became clear that, we as a society may be perhaps desensitized to the amount of profanity that we come in contact with.

An intriguing article written by Valerie Strauss with the Washington Post, entitled *More and More, Kids Say the Foulest Things* states, "No wonder there is profanity. Our culture has become a culture who can't communicate because we are constantly on our phones and we can't articulate what we are really trying to say therefore we replace that with curse words...TV, movies, video games, etc... have become a culture desensitized to the profane language." Strauss went on to state, "In classrooms and hallways and on the playground, young people are using inappropriate language more frequently than ever, teachers and principals say. Not only is it coarsening the school climate and social discourse, they say, it is evidence of a decline in language skills. Popular culture has made ugly language acceptable and hip, and many teachers say they only expect things to get uglier."

It is an important idea to improve school climate and the culture at school. But it takes everyone working together to start/continue with this daunting task.

This seems like a community effort. Please help us to create a positive school community.

As a guidance lesson, we discussed language usage and "speaking with good purpose"...Mrs. Erickson also did a lesson on Speaking With GOOD Purpose.

I asked students to identify some of the feelings provoked when they hear unwanted language:

Sad, Mad, Embarrassed, "feels like I don't want to be around them", Scared, Guilty

This list came directly from a classroom of students! WOW!

Another lesson discussion that I had included students' comments such as, "Wow, I learned some new words."

Tips to Tame Your Tongue

<http://www.washingtonpost.com/wp-dyn/articles/A44779-2005Apr11.html?noredirect=on>

1. Recognize that swearing does damage.
2. Start by eliminating casual swearing. Pretend that your grandmother or your young daughter is always next to you.
3. Think positively.
4. Practice being patient. When you are stuck in line or in traffic, ask yourself if a few more minutes matter.
5. Cope, don't cuss. Consider even the smallest annoyance a challenge, and feel proud of yourself for taking care of it cheerfully and efficiently.
6. Stop complaining. Before you start griping or whining about something, remind yourself that no one really wants to hear about it.
7. Use alternative words. Develop your own list of alternatives to the nasty words you now use, relying on your own intelligence, a thesaurus, good books and clever TV shows.
8. Make your point politely. Some substitute words can be just as offensive if your tone is abrasive or you insult someone.
9. Think of what you should have said.
10. Work at it.

SOURCE: Cuss Control Academy

Continued on Page 10

Ten Sleep School

PO Box 105
Ten Sleep, WY 82442
Phone: 307-366-2223
Fax: 307-366-2304
www.wsh2.k12.wy.us:



Ten Sleep School
Supporting Success

Continued from Page 9

Other Counseling News:

MAP testing is underway for the end of October and into the first part of November. FAFSA opened October 1st for college bound students. There is no deadline; however, college bound students or current college students will want to knock this task out as soon as possible.

Elementary class guidance topics:

KG/1: We have been working on using our tools such as listening and manners. We have been discussing why rules are important and how to follow rules. We read "NO, David!" by David Shannon emphasizing that adults sometimes have rules that kids need to follow but no matter what, adults will always have love for their kids.

Grade 2/3: We have been talking about choices and how our choices affect a lot of other people sometimes. We have been doing a teamwork activity working on collaboration, speaking with good purpose, cooperation, sharing, and kindness.

Grade 4/5: We have been studying the differences between mean, rude, and bullying. We have been brainstorming reasons WHY people are mean and bully. And then we are going to brainstorm alternative actions instead of being mean and bullying. Whole class discussion has been phenomenal! Students discuss their ideas with a partner and then share out to the whole group. They have been working really well together and communicating effectively.

Congratulations to our 2018 Homecoming Royalty! King and Queen: Kinley Erickson and Matthew Fenton, Senior Attendants: Kelli Holiday and Brody Tharp, Junior Attendants: Bryley Moore and Zayne Cooper, Sophomore Attendants: Elizabeth Lungren and Aidan Searfoss, Freshman Attendants: Elizabeth Bleicher and Brian Shoopman.